

# HERBAL REMEDIES, SKIN CARE & THE 10-DAY CLEANSE

## Look After You.

It's crazy how many potential toxins our bodies are exposed to every day. Add to this, the stress we face living in a fast-paced world and it means that what you put on and in your body matters greatly when it comes to your health and well-being.

Support your Body/Mind with products and remedies that I have researched and use myself because not only are they kind and supportive to you, they are also kind to the planet too.



**NYR Organic**  
Independent Consultant



Take a Look at my  
Organic Skincare Shop



Herbal Remedies &  
Supplements Coming  
Soon



10-Day Cleanse Coming  
Soon

[www.melissacampbell.co.uk](http://www.melissacampbell.co.uk)